## Happy Birthday

Todd Tilghman January 3 Andrea Banks February 5 Lauren Garner February 7 Barbara O'Neil February 8 Travis Ward February 18 Ariel Edwards February 25 Cassie Carter March 10 Kristi Robbins March 13 Cameron Moody March 21

"Volunteers are not paid because they are worthless, but because they are priceless." Author Unknown



For more information on volunteering, please call 601-513-0746 or email mgriffin@sta-home.com You can also visit our website at www.sta-home.com.



1201 22nd Avenue Meridian, MS 39301

FORWARDING SERVICE REQUESTED



#### **Upcoming Dates:**

January 30 2:30pm-3:30pm Superbowl Bingo Aldersgate Personal Care Home 6600 Poplar Springs Drive Meridian,MS (3 volunteers needed)

February 6 8:30am-11:30am New Hospice Volunteer Orientation Meridian Sta-Home Office

February 6 12:45-2:00pm BINGO Meridian Activity Center 3300 32nd Avenue Meridian, MS (3 volunteers needed)

February 14 2:00pm-4:00pm Valentine's Day Ball Bedford Care of Marion 6434 Dale Drive Marion, MS (3 volunteers needed)

March 4 9:30am-12:30pm New Hospice Volunteer Orientation

March 4 2:00pm-3:00pm Mardi Gras Party Bedford Care of Marion 6434 Dale Drive Marion, MS (3 volunteers needed)

March 12 2:00pm-3:00pm BINGO Bedford Care of Marion 6434 Dale Drive Marion, MS 2 volunteers needed)

March 27 6:00pm-7:30pm Quarterly Volunteer In-Service Meeting Meridian Sta-Home Office All volunteers are asked to come to the meeting and in-service training.



# Volunteer Newsletter

Winter Issue I

2014 MERIDIAN HOSPICE OFFICE

Serving Scott, Newton, Lauderdale, Smith, Jasper, and Clarke Counties

Hello Everyone and Happy New Year,

I am Melanie Griffin, the new Volunteer Coordinator for Sta-Home in Meridian. I have been involved in recruiting and directing volunteers for several years. I am excited about my new position and looking forward to working with all of you in 2014.

As volunteers, you have done an outstanding job in providing care and support in a variety of ways this past year. In 2013, 283 volunteer hours were spent working directly with patients, with caregivers and in administrative support. In the Meridian provider, 13 patients had a regular volunteer assigned to them to visit and provide respite as needed. Volunteers also helped at Sta-Home sponsored events held at nursing homes, assisted living facilities, and senior centers. Some of the events volunteers helped with were bingo, ice cream sundae socials, tailgating parties, Christmas cookie decorating, virtual dementia tours for facility staff, and an Operation Thank you project. That is very impressive! I am ready to help our volunteer program grow and reach even more patients in 2014.

This spring has many other things in store for you. Please refer to the list of upcoming events to see what is scheduled for the quarter. (volunteer special events, quarterly in-service date, and monthly training dates for new volunteers).

As we enter the new year, let's resolve to reach out and show compassion to someone who is in need. Volunteering blesses those we touch, but it seems to leave a blessing on us, as well.

Sincerely,

Melanie Griffin Volunteer Coordinator

### **Alexis Jenkins Receives Star Volunteer Award**

The Hospice Volunteer program recognizes individuals who go above and beyond each quarter with the "Star Volunteer Award". Our 4th Quarter recipient is Alexis Jenkins, a senior at West Lauderdale High School.

Alexis began volunteering for Sta-Home in the summer of 2013. Since enlisting, she provides supports each Saturday to a hospice family. She provides the patient's family the opportunity to leave the home to take care of personal errands by sitting with the patient in their absence.

In 5 months, Alexis has become a star to our program and has volunteered nearly 40 hours. She is involved in the health program at school with hopes to become a nurse one day.



Alexis Jenkins Star Volunteer of 4th Quarter

We are very thankful for the work that Alexis does for our hospice volunteer program. Thank you Alexis Jenkins!

#### **Tailgating Event at Bedford Care of Marion**

On November 7th, Sta-Home showed appreciation to the staff of Queen City Nursing Center by throwing a fun "Tailgating" party. Staff and volunteers were a big help in cooking and serving the food.



From Left to Right: Kevin Jones, Sta-Home Hospice Services Coordinator; Melanie Griffin, Meridian Volunteer Coordinator; John Thompson, Hospice Volunteer



Do You Like To Talk On The Telephone?

We have a new volunteer opportunity starting in April. We are looking for some friendly voices to volunteer on Thursdays to make "Tuck-In Calls" to our hospice patients and caregivers. These volunteers will help staff prepare for the weekend by calling patients and caregivers to check and make sure they have everything they need. This has been a big help in reducing after-hour work-load for our staff in other hospice offices. A special training is provided. For more information please call Melanie Griffin at 601-513-0746 or mgriffin@sta-home.com.

# Volunteer Christmas Dinner and In-Service

Our volunteers had a "Merry" time at Chunky Shoals Fish Camp for the Volunteer Christmas Dinner and In-Service. We learned about "Beatin' The Holiday Blues", played the "Christmas Tree" game, and enjoyed good fellowship and food.



From left to right: Cynthia Armstrong, Karon Leach, Tameka Hopson, Travis Ward, Savannah Jackson, Melanie Griffin







